



British Gas
London Region Championships
2012



Age Groups - Qualifying Times

Boys				Girls			
10/11	12	13	14	10/11	12	13	14
#	1.09.0	1.05.0	1.03.0	100m F/s	#	1.09.5	1.07.0
	2.28.0	2.21.5	2.17.0	200m F/s	2.39.0	2.28.5	2.24.0
	5.08.0	4.57.0	4.45.5	400m F/s	5.35.2	5.18.0	5.07.0
n/a	n/a	n/a	n/a	800m F/s	n/a	10.52.5	10.25.0
n/a	20.41.8	19.48.0	19.03.9	1500m F/s	n/a	n/a	n/a
#	1.30.4	1.25.1	1.21.3	100m Breast	#	1.31.3	1.26.5
	3.13.6	3.02.1	2.53.5	200m Breast	3.26.9	3.16.5	3.06.0
#	1.17.9	1.13.8	1.10.0	100m Fly	#	1.19.2	1.15.8
	3.03.0	2.51.9	2.42.7	200m Fly	3.04.2	2.54.4	2.44.5
#	1.18.5	1.15.9	1.12.1	100m Back	#	1.21.1	1.17.8
	2.53.5	2.46.0	2.37.6	200m Back	2.55.5	2.48.7	2.41.0
	2.59.5	2.47.0	2.37.5	200m IM	2.59.7	2.50.0	2.44.0
	6.31.0	6.05.0	5.35.7	400m IM	6.31.0	6.09.0	5.54.5

Entry times are 50m times.

Long Course times or Converted Short Course times will be accepted

Entry will be by achieving the 200m qualifying times for the stroke

Youth Championships - Qualifying Times

Boys/Men				Girls/Ladies		
15	16	17+		15	16	17+
28.7	27.9	27.9	50m F/s	31.2	30.9	30.9
1.02.3	1.00.7	1.00.7	100m F/s	1.07.0	1.06.7	1.06.7
2.16.0	2.12.1	2.12.1	200m F/s	2.24.0	2.23.0	2.23.0
4.45.5	4.40.1	4.40.1	400m F/s	5.02.7	4.59.6	4.59.6
n/a	n/a	n/a	800m F/s	10.24.8	10.16.5	10.16.5
18.57.2	18.31.9	18.31.9	1500m F/s	n/a	n/a	n/a
37.3	36.4	36.4	50m Breast	40.1	39.7	39.7
1.19.5	1.17.2	1.17.2	100m Breast	1.25.5	1.24.3	1.24.3
2.51.4	2.48.1	2.48.1	200m Breast	3.02.7	3.02.0	3.02.0
31.9	31.0	31.0	50m Fly	34.4	33.9	33.9
1.08.2	1.06.4	1.06.4	100m Fly	1.13.9	1.13.2	1.13.2
2.30.9	2.27.2	2.27.2	200m Fly	2.42.2	2.40.0	2.40.0
34.1	33.2	33.2	50m Back	36.6	36.2	36.2
1.10.5	1.08.9	1.08.9	100m Back	1.16.2	1.15.5	1.15.5
2.31.0	2.28.2	2.28.2	200m Back	2.41.0	2.40.5	2.40.5
2.33.6	2.30.7	2.30.7	200m IM	2.44.0	2.43.3	2.43.3
5.28.5	5.20.7	5.20.7	400m IM	5.47.6	5.43.4	5.43.4

Entry times are 50m times. Long Course times, or converted short course times (converted using ASA tables) will be accepted